

## Final Conference of the FUTURES project

### *Future laboratories for professional and personal development*

Project funded by the European Commission – National Agency PL01 Foundation for the Development of the Education System, Project Number – 2020-1-PL01-KA203-082243

**Date: 22.06.2023**

**Room: 18 KB, Faculty of Engineering Management, Bialystok University of Technology, 2 Tarasiuka Street, Kleosin**

Time slot*		Speakers
10.00-10.15	Welcome speech, presentation of the agenda	<b>Dorota Krawczyk</b> , Vice-rector of <i>Bialystok University of Technology</i> <b>Katarzyna Halicka</b> , Dean of <i>the Faculty of Management Engineering</i> , Bialystok University of Technology <b>Anna Kononiuk</b> , Coordinator of the FUTURES project, <i>Faculty of Management Engineering</i>
10.15-10.35	The main assumptions and findings of the <i>Futures</i> project	<b>Anna Kononiuk</b> , <i>Faculty of Management Engineering, Bialystok University of Technology, Poland</i>
10.35-10.55	The main results of FUTURES Intellectual Outputs	<b>Androniki Papaterpou, Ioannis Andronikidis</b> <i>Foundation for Research and Technology – Hellas, Greece</i> <b>Ewa Rollnik-Sadowska</b> , Vice Dean for Student Affairs and Education <i>Faculty of Management Engineering, Bialystok University of Technology, Poland</i> <b>Jitske Gulmans</b> <i>Hanze University of Applied Sciences, the Netherlands</i>
10.55-11.10	Imagining the impossible: an act of radical hope	<b>Loes Damhof</b> <i>Hanze University of Applied Sciences, the Netherlands</i>
11.10-11.30	What's Theatre got to do with it? Body Language and the Labour Market	<b>Nic Fryer</b> <i>Department of Education – Middlesex University, United Kingdom</i>
11.30-11.50	Coffee break	

11.50-12.10	<b>Demography, natural environment, mental health and dynamic development of technology as global challenges of the labour market</b>		Lukasz Radzikowski, Career counsellor		
12.10-12.20	<b>IT tools for the futures of the Labour Market</b>		Remigiusz Mazur, Mirosław Żurek, Lukaszewicz Research Network		
12.20-12.30	<b>Summary</b>		Anna Kononiuk, Coordinator of the FUTURES project, <i>Faculty of Management Engineering</i> Ewa Rollnik-Sadowska, Coordinator of the research tasks, <i>Faculty of Management Engineering</i>		
<b>FUTURES WORKSHOPS</b>					
	<b>Room: 104 KB</b>	<b>Library</b>	<b>Room: 101 KB</b>	<b>Room: 105 KB</b>	<b>Room:18 KB</b>
12.40-14.10	<p><b>Title:</b> <i>Anticipation for Emergence: experience multiple futures.</i></p> <p><b>Target group :</b> high school learners</p> <p><b>Facilitators:</b> Loes Damhof, Jitske Gulmans, Ramila Khafaji Zadeh, <i>Hanze University of Applied Sciences</i>, the Netherlands</p> <p><b>Description:</b> How to use the future to see the present differently? To be more comfortable with uncertainty? Experience multiple futures in this interactive workshop that expands your imagination beyond the impossible!</p> <p><b>Language:</b> English</p>	<p><b>Title:</b> <i>Performance for Futures: theatre tools in action!</i></p> <p><b>Target group :</b> students and early stage researchers</p> <p><b>Facilitators:</b> Katy Mulhern MdxWorks – Middlesex University, United Kingdom</p> <p><b>Description:</b> In this experiential session, participants will engage with performance techniques of embodiment to imagine, explore and confront different futures!</p> <p><b>Language:</b> English</p>	<p><b>Title:</b> <i>Anticipation for the Future. De Bono Six Thinking hats technique.</i></p> <p><b>Target group :</b> high school learners</p> <p><b>Facilitators:</b> Remigiusz Mazur Lukaszewicz Research Network, Julia Siderska, Justyna Kozłowska Bialystok University of Technology</p> <p><b>Description:</b> <i>Learn creative techniques to make decisions about your educational and professional path. Put on your colorful hat – look at your future from multiple perspectives!</i></p> <p><b>Language:</b> English</p>	<p><b>Title:</b> <i>Searching for a first job.</i></p> <p><b>Target group:</b> students and early stage researchers</p> <p><b>Facilitator:</b> Łukasz Radzikowski, career coach</p> <p><b>Description:</b> What determines that among several people – still without work experience– the one is chosen? Why are they judged to be the best fit for the employer in the recruitment process? What can you already do something to improve your chances in the job market in the future?</p> <p><b>Language:</b> English</p>	<p><b>Title:</b> <i>Effective communication – the competence of the future</i></p> <p><b>Target group:</b> students and early stage researchers</p> <p><b>Facilitator:</b> <b>Piotr Szekowski</b>, trainer of public speaking and effective communication</p> <p><b>Description:</b> An interactive lecture with exercises focusing on the following topics: above-average concentration, self-confidence, empathy, the ability to clearly communicate one's goals, but also to listen actively, understanding body language – in other words, soft skills as superpowers in the age of robotisation, automation and artificial intelligence.</p> <p><b>Language:</b> Polish</p>
14.15-15.15	<b>Lunch (Room 24 KB)</b>				

\* the duration of each part is estimated and may be subject to slight shifts depending on the needs of participants to the completion of individual tasks